# FEMININE FANCIES

## RETURN OF THE POKE BONNET.

NEW YORK, March 4.- The woman

when he reaches this era in cloth.

The women who wear the fashions have stood out against the sky of fame ever stood out against the sky of fame ever since the epoch began; indescribable chic has been necessary to carry off the garments that have been designed, and the designers have been put to it to invent things to show off the peculiar charm and physical mannerisms that have come about in the last half-dozen years.

#### Epoch Yields Quota.

Each epoch of the past has yielded its quota to modern clothing; no land has been safe from the pilfering that has been going on to satisfy or glorify the of the early part of the twentieth sorbed and molded according to the twentieth century pose. In five years our women have assimilated more than they had in fifty years. They had lent themselves to kaleidoscopic changes and

NEW YORK, March 4.—The woman of the hour can turn any fashion into something quaint and smart. She lends to each new thing, whether it is borrowed from the past or invented for the day, a modernism that will stamp this exact epoch in dress as individual and historic. There have been decades at a time when the women have not stood out from the ordinary; when their clothes, their faces, mannerisms have not left a footprint on the sands of fashion. But the historian will find much material for a sermon as well as interesting comment when he reaches this era in cloth.

the expressions on our faces and the new will of our minds.

#### The Poke Bonnet Again.

The world has been full of rumors of the revival of old fashions that have be-come identified with troublous time in American history, and the girl who appeared in the pink straw poke bonnet which is sketched today, gave every one a start, for they knew she wore only the latest fashion. So we will now have poke bonnets, was the comment.

It was fastened on by a neckband of black velvet ribbon that ended in a rosette at the back. In the front was a curled ostrich feather, the kind we used to wear, but which has been shelved by



BONNET OF PINK STRAW WITH OSTRICH FEATHERS OF SAME SHADE.

divertisement in clothes, and investing each with that epochal individuality without which the era would have stood

for nothing. Barbar sm, Grecian culture, Slavic temperament, Ind an grace, Egyptian licen-tiousness, Russian splendor, Japanese re-straint, each have been copied and ab-

vention.

Her face was demure, and from the edges of the bonnet came out the "beau-catchers" of other days, of days that went with the poke bonnets, for coquetry was the established rule then, even though the faces were so demure.

## THE NEWEST AMERICAN FASHIONS.



belt, is made full by a succession of little pleats la'd about the wafst, which are held to the figure at the hip line under a second kid belt, buckled like the one above at one side, with a novel embroidered kid bag hung over the hip. A deep hem is outlined by a straight vine-and-leaf design embroidered in green.

Attention is called to the parasol, which is only one of a myriad of oddly shaped and prettily fashioned conceits in the sunshade line.

#### THE DAILY MENU.

BREAKFAST Bacon and Eggs LUNCHEON

Deviled Eggs Salad Sandwiches Fruit

DINNER Tomato Soup French Fried Potatoes

Creamed Carrots Waldorf Salad Custard Cream Pie Coffee

### Economy in the Home.

Economy in the home is an enforced virtue these days of high prices. The following hints from a practical house-keeper may be found useful: It is a common practice to throw away little scraps of bacon or meat fat. But all this represents money. It can be tried out, clarified and used for frying purposes. The bacon scraps and rinds should be fried crisp and added of melted butter, half a teaspoonful of to the stockpot, whither also should go parings of onions, pieces of celery too coarse for eating, tops and odd pieces of turnips, carrots, parsnips and

other vegetables. the juice has been squeezed when the juice has been squeezed from a lemon the peel should be kept, for strips of it will come in useful for flavoring the sirup in which fruit is to be stewed, and, if shredded very fine, they are a decided improvement on the flavor of pies.

#### Parings and Cores.

Few women ever think of making use of the peeling and cores of fruit, yet the most valuable properties of such fruits as apples and pears are just under the skin, and they can be made to furnish the basis for a delicious pudfurnish the basis for a delicious pudding. Cleanse the fruits before peeling, and in peeling place all good parings and cores in one heap, and all rusted portions of the skin in another. Stew the former until quite soft in sufficient water to cover them; then set to strain in a muslin bag as in making jelly. When all juice is extracted boil the liquid with sugar till the tint deepens. Take off the fire and add enough cornstarch siaked in cold water to thicken. Bring to a boil and pour into break, ast food of any kind left over from the morning's meal, and it will make a delicious pudding if milk, a little more sugar, an egg and perhaps little more sugar, an egg and perhaps a very small amount of suet are added.

Crusts and Stale Pieces.

read are manifold. In the guise of croutons-that is, cut into small squares and fried in very hot fat-they are delictous with soup; and pieces of dry bread soaked in milk and water form the foundation of cheese souffle, a cheap and very palatable dish. Crusts, thoroughly crisped and browned in the oven and crushed with the rolling pin, are also useful for cooking fried fish and breaded meats. Milk that has turned sour is better

Milk that has turned sour is better than sweet milk for biscuits, cornbread, pancakes, muffins and all other breads excepting raised bread.

Not only should the dripping from roast or baked meat be saved, but the water in which fresh or salt meat has been boiled should be allowed to stand until cold, and the fat skimmed off for turner use Grayy that has been left. future use. Gravy that has been left from luncheon or dinner should never future use. Gravy that has been left from luncheon or dinner should never be thrown away, no matter how small the quantity, as it is useful to moisten leftover vegetables when reheating.

Odd scraps of left-over meat, pieces of bacon, beef fat and the like, may be made into delicious potted meat. Run the scraps three times through a mincer, add a small quantity of bottled sauce, and beat the whole to a paste with a spoon. The result could possibly be passed off as potted ham and chicken or turkey and tongue.

There are many other wastes that might just as well be converted into nutritious foods. Cheese rinds should be put aside to be grated and served on toast. Bones are usually thrown away, or used only once for soup, whereas it is always possible to serve three good courses of soup from them. The kernels of prunes, plums, peaches and all stone fruits should be ground and used for flavoring desserts. Croquettes, hash and many delicious stews and meat loaves can be made from left-over meats. The food chopper is one

with white leather.

## SANDWICH HINTS.

#### Cheese and Bacon

Toast bread on one side only, and spread on the untoasted side with snappy or some other half-soft cheese Season, before spreading, with a little sauce and paprika and rub to a creamy consistency. Then on each cheese spread slice of toast lay a piece of bacon and put the slices of toast in the oven. Cook until the bacon is crisp and serve at once. The spread slices may be covered with another slice or left uncovered.

#### Minced Chicken on Toast.

Toast two slices of bread and spread them with butter. Then spread the ower one with a mixture of minced chicken and minced hard-boiled egg and lay on this mixture a slice of crisp lettuce. Then add a tablespoonful of salad dressing-mayonnaise or boiled I went. My, my, my, but I'm glad I dressing-and add the other piece of toast. Cut diagonally and serve at once. The toast should be crisp and hot and freshly buttered.

#### Ham Salad Sandwiches. Spread thin slices of bread and but-

ter with minced ham. Add to each a risp piece of lettuce and a tablespoor ful of mayonnaise dressing and top with another slice of thin bread and butter. Cut diagonally and serve

#### Herring Sandwiches.

Shred some boneless herrings and mix with six of them two hard-boiled eggs ninced fine. Add two tablespoonfuls onion juice, half a teaspoonful of dry nustard, a little paprika and three teaspoonfuls of lemon fuice. Mix this thoroughly and spread between buttered slices of white bread,

### FASHIONS AND FADS.

Our old friend the taffeta petticoa of chiffon, net, lace or silk

Very large sailor hats are shown-that is, very large in the crown. Beige and greenish khaki colors will both be fashionable for spring. Plaid skirts, cut in points, are worn with tight-fitting plain bodices. Soft crepe meteor makes a useful and pretty frock for afternoon wear. A great deal of silk will be used in spring costumes, especially white. High, close-fitting choker collars are

vorn by women with long necks. The latest silhouette has a gradual flare from the shoulder downward. Petticoats that resemble Turkish trousers are called Turkish petticoats, The separate skirt has developed many gores-from five to twenty-four Some of the new suits in military effects are trimmed with nickel buttons. An early Easter brings out spring ashions before winter has fairly gone. Jackets flaring from the yoke or iked.

The newest flowing veil has a scalloped edge finished in close velvet polka dots.

Do you know how easy it is to remove those ugly spots so that no one will call you freckle-face? Simbly get an ounce of othine double strength, from your druggist, and a few applications should show you how easy it is to rid yourself of freckles and get a beautiful complexion The sun and winds of February and March have a strong tendency to bring out freckles, and as a result more othine is sold in these months. Be sure to ask for the double-strength othine, as this is sold under guarantee of money back if it fails to remove the freckles.

# Treat Children's Colds Externally

Don't dose delicate little stomachs with harmful internal medicines. Vick's "Vap-O-Rub" Salve, applied externally, relieves by inhalation as a vapor and by absorption freely with perfect safety on the younges nember of the family. 25c, 50c, or \$1.00. THE GENUINE HAS THIS TRADE MARK

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# Little Stories

Copyright, 1915, by J. G. Lloyd.)

Sammy Jay Upsets Happy Jack Squirrel.

Sammy Jay chuckled as he flew acros way to his home in the Green Forest. He chuckled and he chuckled. To have heard him you would have thought that either he had thought of something very pleasant or something very pleasant had happened to him. Once he turned in the direction of Farmer Brown's house, but changed his mind as he saw the Black Shadows creeping out from the Purple Hills, and once more headed for the Green Forest.

"Too late today. Time I was home now It'll keep until tomorrow," he muttered. Then he chuckled, and he was still chuckling when he reached the big hemlock tree, among the thick branches of which he spent each night.

"Don't know what started me off to the Old Pasture this afternoon, but I'm gla I went. My, my, my, but I'm glad I went," said he as he fluffed out his feathers and prepared to tuck his head under his wing. "It pays to snoop around in this world and see what is going on. I learned a long time ago not to believe everything I near, and that the surest way to make sure of things is to find out for myself. Nothing like using my own eyes and my own ears. Well, I must get his head."

Happy Jack looked flattered. "The was very nice of him," said he. "We was it?"

"Guess," replied Sammy. Happy Jack scratched his head thoughtfully. There were not many friends winter. Most of them were asleep had gone to the far away southland. "Peter Rabbit?" he ventured. Samt shook his head.

"I'mmy Skunk?" Again Sammy sho his head. for myself. Nothing like using my own eyes and my own ears. Well, I must get to sleep." He began to chuckle again, and he was still chuckling as he 'eil archen' "Guess"

I'm going to get my breakfast now and then I'll be happier still."
"That's so. There's nothing like a good breakfast to make one happy," said Sam-my Jay, helping himself to some suet tied on a branch of the maple tree. "By the on a branch of the maple tree. "By the way, I saw an old friend of yours yesterday. He inquised after you particularly. He didn't exactly send his love, but he said that he hoped you were as well and fat as ever, and that he will see you again some time. He said that he didn't know of any one he likes to look at better than you."



eyes and my own ears. Well, I must get to sleep." He began to chuckie again, and he was still chuckling as he 'eil asleep.

The next morning Sammy Jay was astir at the very first sign of light. He wa'ted just long enough to see that every feather was in place, for Sammy is a bit vain, and very particular about his dress. Then he headed straight for Farmer Brown's house. Just as he expected, he found Happy Jack Squirrel was awake, for Happy Jack is an early riser.

"Good morning." said Sammy Jay, and smooth and pleasant, a very hard thing for Sammy to do, for his voice sound smooth and pleasant, a very hard thing for Sammy to do, for his voice, you know, is naturally harsh and unpleasant. "You seem to be looking as happy as ever."

"Of course I am," replied Happy Jack.
"Why shouldn't I be? I haven't a thing to worry about. Of course I'm happy, and I hope you're just as happy as I am.



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ing along. I hope you'll enjoy your breakfast."

With this off flew Sammy Jay chuckling as if he thought he had done a very smart thing in upsetting Happy Jack, which goes to show what queer ideas some people have.

## Pictures on the Wall.

Much more difficult to outgrow that collection of family pictures-prints, framed photographs, oil paintings, steel engravings, plaques and all the other possibilities and impossibilities that our friends have given us or our family has collected in times past.

Unbecoming clothes we can manage to discard when they go out of fashien, even if we don't wear them threadbare. Hideous furniture in the course of time is relegated to the less frequented rooms. But somehow most of us feel in duty bound to cling to the same old pictures, no matter how cheerless or how lacking in artistic merit they may be.

The really brave thing to do, of course, is to weed out all the pictures that your artistic conscience tells you don't belong in your house, and then gradually, as you can afford it or as your taste dictates, assemble more suit-

The woman who travels ought always to find occasional pictures that will be a joy in her home. A picturesque group of fishing smacks from the Maine coast printed in soft shades of sepia and framed with a harmonious wooden frame; an occasional Japanese print, pleasing in tone though not especially expensive; quaint byways and alleys in foreign lands rather than pictures of famous buildings—the Coliseum, the Parthenon and other buildings of which every one has a picture; a sun-flooded photograph of your favorite gardens—all these are acceptable.

Mother Tells How Vinol Made Her Delicate Boy Strong.

New York City.—"My little boy was in a very weak, delicate condition as a result of gastritis and the measles and there seemed no hope of saving his life. The doctor prescribed cod liver oil, but he could not take it. I decided to try Vinol—and with splendid results, It seemed to agree with him so that now he is a strong, healthy boy.—Mrs. Thomas Fitzgerald, 1096 Park ave., N. Y. City.

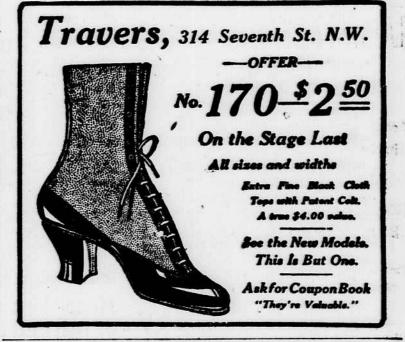
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We guarantee Vinol, our delicious cod liver and iron tonic, for rundown conditions, chronic coughs, colds and bronchitis. O'Donnell's Pharmacies, 904 F st., 32d and M sts., 3d st. & Pa. ave., 32d & O sts. and at other leading Washington drug stores.

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# Fiction Humor Pictures

all of a high order, will make our next Sunday Magazine a notable number

#### Making Loose Teeth Tight By Edwin F. Bowers, M. D. Illustrated by M. L. Blumenthal.

A new scientific discovery of importance to ninety-five out of every hundred persons treated in a way to interest every one. An epoch-making discovery to the credit of American physicians.

Slings and Arrows By John Kendrick Bangs. Illustrated by John R. Neill.

Among his greatest misfortunes the humorist reckons the loss of his hair, but with rare philosophy he manages to get as much fun out of it as any one else does.

Flower of the Gorse By Louis Tracy. Illustrated by W. Berger. In the third installment of this

idvllic story Yvonne, the American heroine, learns some astonishing things about her own family. The Clay-Randolph Duel

Written by Edgar Allen Forbes. Painted by Sidney H. Riesenberg. One of the most celebrated of the great American duels is vividly de-

The King's Test

By Annie Hinrichsen. Illustrated by T. K. Hanna. A clever story of loyalty in polities and in life.

The Star Assignment By Mary Bronson Hartt.

A cub reporter's first opportunity and the dramatic results thereof. And a fine picture in color by Garth Jones, illustrating Joaquin Miller's poem, "The Fortunate Is'es," in the next

Sunday Magazine The Sunday Star

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# SEVERAL DRESS NOVELTIES BEING FEATURED. BY LILLIAN E. YOUNG.

This fascinating spring frock is carried out in nice, shiny spring colors— leaf green and white. The bolero and skirt are of green faille, the guimpe is of white georgette crepe, and then there are the two belts and the little chatelaine bag of white kid.

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